

Dr. Miten Sheth has completed his M.B.B.S. from LTMMC, Sion Hospital and M.S. (Orthopaedics) from the prestigious Seth G. S Medical College and KEM Hospital. He has also been certified by NBE, New Delhi as Diplomate of National Board (DNB) in Orthopaedics.

He went on for further training in Adult Reconstructive Knee Surgery under one of India's foremost Knee surgeonmentors, Dr. Sachin Tapasvi in Pune. His practice is one of the few ISAKOS (International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine) training centers in the country.

Apart from his Indian learning curve, Dr. Sheth has trained abroad as well. He completed his Fellowship in Sports Medicine and Arthroscopy at Seoul, South Korea in 2014 and Fellowship in Minimally Invasive Knee Arthroplasty at Invasive Knee Arthroplasty at Paderborn, Germany in 2015. He has also imbibed inputs from Prof. Munjed Al Muderis, A proponent of navigated knee surgeries in Sydney, Australia.

Dr. Sheth is a graduate of the International Olympic Committee (IOC) Sports Diploma Program and also holds a FIFA Diploma in Sports Medicine. His areas of interest include adolescent sports injuries, recalcitrant knee pain and the young arthritic knee.

He is adept at knee arthroscopy, open multiligament reconstruction-ostetomies, partial and total knee replacements. This makes him one of Mumbai's few true Knee Surgeons.

## SURGICAL SERVICES

#### ARTHROSCOPIC PROCEDURES

### Ligament Surgeries

Primary ACL Repair

ACL/PCL Avulsion Fixation

ACL Augmentation/Reconstruction

Lateral Extra-articular Tenodesis MCL Repair/Anatomic Reconstruction

PLC (Laprade's/Larson's) Reconstruction

## Cartilage Restoration

Microfracturing

Osteochondral Autograft Transfer (OATS)

Autologous Chondrocyte Implantation

Meniscus Repair/Balancing

Para-meniscal Cyst Decompression

Synovial Sampling and Synovectomy Popliteal Cyst Decompression

Ganglion Cyst Decompression

### SURGICAL ARTHRITIS MANAGEMENT

High Tibial Osteotomy

Proximal Fibular Osteotomy

Partial Knee Replacement

Total Knee Replacement

Navigated Knee Replacement

# PATELLO-FEMORAL PROCEDURES

MPFL Reconstruction

Tibial Tubercle Transfer

Trochleoplasty

Patello-femoral Replacement

### ALIGNMENT - DEFORMITY CORRECTION

Single or multi-level Femoral Osteotomy

Single or multi-level Tibial Osteotomy

Growth Modulation

Hemi-Epiphysiodesis

# TRAUMATIC KNEE TREATMENT

Complex Multi-ligament Reconstruction Knee Dislocation Management

#### FRACTURE FIXATION

Proximal Tibia Fractures Distal Femoral Fractures Patellar Fractures

\* We are also responsible for the department of Arthroscopy and Sports Medicine at SRCC Children's Hospital, Haji Ali (involves Paediatric and Adolescent Sports Injury Management)